

ALIGN WITH THE *Moon*

When the Moon is in...

Aries

Strong desire to start fresh; newness, pioneering impulses, energetic, spontaneous, enthusiastic, good time for sports, physical activity, taking on challenges. We may be a little more irritable or headstrong, simply because we want our own way and we want it fast! Color: Red

Taurus

Desire for serenity, security, peace, comfort, sensuality, relaxation. Life slows, we get comfortable. Favors financial activities, beginning long-term relationship, music, food, home. A time to cook a delicious meal, and savor the evening. Color: Green

Gemini

Communicate, think, learn – crave variety. Light-hearted, curious, restless, fickle. We tend to snack rather than eat large meals when the moon is in Gemini. Favors mental and communicative actions, reading, errands, writing, teaching, making connections, short trips. Color: yellow

Cancer

Need for peace, quiet, safety. Feeling more introverted rather than extroverted. Healing, and emotional. Good time for activities at home and family get togethers. A good time to cook a big pot of stew and share with family members. We are more emotionally tender or even moody when the moon is in Cancer. Self-Care! Color: white & silver

Leo

Often dramatic, or at least high energy. We seek attention, want to stand out, and are drawn toward romantic or creative and social activities. We may seek attention—when we want to stand out for our special qualities. A good time for parties, social events, plays and theater, activities with children. Dress boldly, love and live big. Color: Gold

Virgo

Practical activities, organization, might focus on our health. Detail oriented, a desire to be of service and help others. A good time to organize the office space, get details in order for a major project. Beware of indigestion; heartburn is more common when the moon is in Virgo. Color: brown & green

Libra

We're more diplomatic tend to avoid confrontations. More willing to see both sides of a situation. A perfect time for clothes or home décor shopping as Libra is ruled by Venus, the planet of love and beauty. This moon favors: Relationship and partnership issues, activities involving teamwork and cooperation, activities that involve self-examination, activities related to beauty, including weddings, decorating, parties, art shows, etc. Color: pink

Scorpio

Intensity. Whether it's passion, elation, sorrow, or desire, emotions are felt on a deeply personal level. Uncover your own power and eliminate old fears and limiting habits. An intimate and passionate time. Avoid manipulative tactics, brooding, and suspiciousness. Topics include intimacy issues, research, solving mysteries, self-examination, getting rid of old things. A good time for endings. Color: deep red & black

Sagittarius

Optimistic and upbeat; motivated to seek the truth, and to pursue a new vision. Focus on the big picture. New experiences and adventures satisfy a deep emotional need. Spontaneity is the key. We may also be inclined toward overdoing and overstating. Travel, adventure, learning, expansion and physical activity are favored. Color: Purple

Capricorn

Structure, planning ahead, realizing the limitations of time. A desire for success. Achievement and manifestation are most important to us now. We are resourceful and don't want to waste time, energy, or resources. This can be a very sober influence—even a depressing one. However, it can also be a productive time when we look reality in the eye. Long-term activities that yield slow but steady results, practical undertakings, career issues, making a business plan, practical investments. Color: brown & gray

Aquarius

We're looking to the future. This moon supports social activities, humanitarian pursuits, volunteering or just being with friends. Join a group, a new meetup or hobby. Also rules technology and social media. Time to connect on multiple levels and create or be with community. Color: blue & turquoise

Pisces

We're dreamy, intuitive, and enjoy immersing ourselves in music, movies, Netflix binging. We're a tad more emotional, romantic, spiritual and imaginative. Do an art project, see a show, meditate. May be difficult to make hard, fast decisions. We'd rather disassociate a bit from reality. The veil between earth and spirit is thin; we may get psychic hits and messages from spirit. Color: light green

 *Stay Wild, Moon Child...*



Moon Phases

New Moon

New beginnings. Take time for quiet reflection so you can feel into your heart's desire. Set intentions for the month ahead; journal or write them down.

Waxing Crescent and First Quarter Moon

'Waxing' means the Moon's illumination is growing. Keep your intentions from the new moon in a visible place as a reminder. This is also the time you will experience your first challenges to your intention. How can you re-group for continued success? The week before the full moon you will be re-finishing your ideas.

Full Moon

The Sun illuminates the entire moon. This phase signifies abundance, fruition and spiritual illumination. Emotions are heightened. Ritual is encouraged at this time as you release feelings, plans, habits or situations that no longer serve. Plan a bonfire with friends, write down your 'releases' on paper and burn them, or have your own candlelight ceremony expressing gratitude for wishes fulfilled, and gently release those that are no longer for you.

Waning Crescent and Third Quarter

'Waning' refers to the decreasing of the Moon's illumination as we again approach a New Moon. We release, let go, and re-organize our space. Our energy subsides a bit and we make room for a new cycle of growth. This de-cluttering is a necessary phase of clearing and re-balancing before we set our new intentions.



Void of Course Moon

A void of course moon is when the moon is in-between signs. For example, if the moon is in Leo, heading into Virgo, there is a space/time in between signs called the void. It can last from a few minutes to an entire day and happens between every sign change! Because the void moon doesn't have the charge or energy of a zodiac sign, actions taken during this time may never be impactful or useful, or may go in a completely different direction.

DO:



Meditation
Routine work, cleaning
and shopping
Rest
Exercise
Journaling
Reading

AVOID:

Major purchases (cars, electronics,
appliances, special clothing)
Interviews
Signing legal documents
Surgery or medical procedures

